



Y-GIG MIDDLE SCHOOL AFTER SCHOOL WINTER 2024/25

For a better us.®

FIND YOUR AFTER SCHOOL
FOUNDATION YMCA
252-291-9622
FOUNDATIONYMCA.ORG





Y-GIG

Middle School After School

Unleash your middle schooler's potential at Y-GIG! Our after-school program (3:30-6:00pm) offers enriching activities in academics, arts, and more, just \$5/day. Snacks, homework help, and transportation included! Learn more about STEM, health, and career options. Enroll your child today!

As an organization dedicated to strengthening community, the Y believes in a community-based approach to student success that involves creative partnerships with schools, local community members/businesses, and families to meet the needs of all children through academic enrichment, social-emotional learning and character development. Our Middle School After School program is led by qualified and experienced staff.



TESTIMONIALS

“This is our second year in Y-GIG, and we’ve loved it! I wish my older son could go back to middle school to be a part of it again. My son, who is always ready to go home and get on a game, is actually disappointed when he has to miss Y-GIG after school. There are so many different programs to choose from, and my child looks forward to choosing new ones for each session. The staff is so friendly and helpful and works with you, your child, and their school to help them succeed.”

–Y-GIG Parent

“My experience with Y-GIG has been amazing in every way. They’ve taken the worry away from me about finding someone who is really going to take care of my daughter after school when I’m still at work. Not only that, but they teach middle schoolers so many new things that they never thought they could do. They help them mentally. The employees treat the kids with so much love and they really care about their grades. I love this program so much. This is my daughter’s last year here, but I’m already looking forward to enrolling my son when he gets to middle school. I’m definitely going to miss all the personal touches and events.”

–Y-GIG Parent



MONDAY GIGS

Lego Laboratory

Are you a Lego fanatic who enjoys passing the time through building Lego creations? Join this gig to experiment with Lego pieces to construct various creations from your imagination, build some cool gadgets with the Lego Spike Prime robots, and participate in Lego build competitions!

Game Time

Do you enjoy playing board games and console games like 2K and Fortnite? Do you like playing games with Switches and VR goggles? Then this gig is the one for you! Join us at the Wilson County Public Library to dive into a variety of gaming platforms while hanging out with your friends.



Soccer Squad

Are you into soccer, want to learn, or get better? Come challenge your athletic skills by joining the Soccer Squad to practice or learn soccer skills, rules, and plays. Students will participate in drills and games either indoors in the gym or outside on a soccer field (depending on the weather).

Teen Cuisine

Do you enjoy being in the kitchen and exploring tasty recipes? This gig is designed to teach youth essential life skills to promote optimal health—both in the present and future. This class will address key concepts about nutrition, food preparation and cooking, food safety, and physical activity.

Basics Of Beauty

Are you wanting to explore your world of beauty? In this gig, you will engage with various aspects of beauty and learn basic skills for hair, skin, and nails! From classy manicured nails to stylish hairstyles, you will be able to take these basics and define your own beauty!

PHOTOGRAPHY 101

Is taking pictures your thing? Would you like to get better at it? Then, explore the world of photography as you navigate using a Digital SLR camera and discover how to create impressive photographs that impress your family and friends.

MONDAY GIGS

PAINT AND SIP PARTY

Is painting something you enjoy doing? Unlock or enhance your creative side through freestyle painting! By adding a refreshing kid-friendly beverage, this gig will allow you to relax and enjoy painting on a canvas just for you!

CULINARY DISCOVERIES

Do you like cooking and exploring new recipes? This gig is for you. Come explore a variety of culinary creations and learn multiple recipes with healthy, tasty substitutions.

SHARK TANK @ Y-GIG

Are you interested in starting your own business or have a money-making idea you'd like to explore. This gig will help participants understand the basics of entrepreneurship and how to start a business. Participants will have an opportunity to present their ideas to a panel of judges in the local business community and compete for great prizes.

TUESDAY GIGS

CRICUT CREATIONS

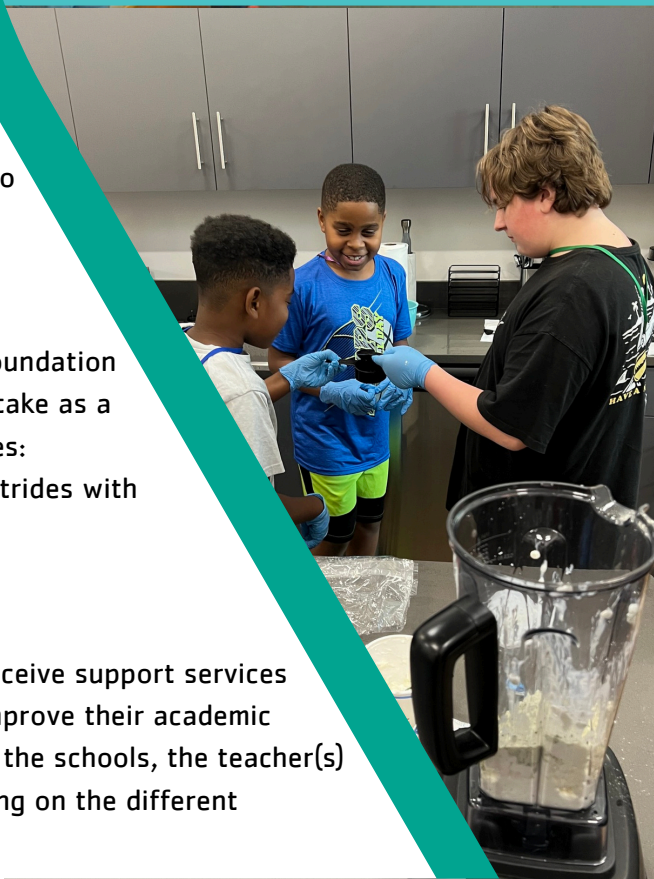
Are you interested in learning to use a Cricut machine and make various pieces to showcase your artistic and imaginative talents? Join this gig to learn how to create projects with the Cricut machine such as cups, bags, and keychains using Cricut Design Space, and discover how to import SVG files to make your imaginative designs.

Y-FIT FUSION

Are you curious about the various fitness classes offered through the Foundation YMCA of Wilson? Join this gig to discover the fitness classes youth can take as a YMCA member! During this gig, students will explore the following classes: cycling, yoga, youth fitness, and cardio. See how you can make healthy strides with the Foundation YMCA of Wilson and Y-GIG Middle School After School!

MASTERING MATH

Students registered for this gig will participate in various activities to receive support services for their Math class. Students will work on skills and use resources to improve their academic performance in this subject area. Using information Y-GIG receives from the schools, the teacher(s) will create enriching activities for students to participate in while focusing on the different skills in Math.



TUESDAY GIGS

ELA Exploration

Students registered for this gig will participate in various activities to receive support services for their ELA/Reading class. Students will work on skills and use resources to improve their academic performance in this subject area. Using information Y-GIG receives from the schools, the teacher(s) will create enriching activities for students to participate in while focusing on the different skills in ELA/Reading.

Global Gourmet

Do you like cooking and trying new types of foods? In this gig, you will create rich and delicious meals from Mexico, Africa, Japan, India, Italy, Greece, and Germany as you explore food history, customs, and nutrition to understand our world better.

Swim 101 (Beginner Swim)

New to the water? This gig is all about getting comfortable and learning to stay safe before learning to float. You will play games and exercise in the shallow and swim the basic strokes. *Students MUST fill out a questionnaire to assess their swimming ability.

ACTIVE & NOURISHED: FUN FITNESS AND HEALTHY SNACKS FOR KIDS

Do you like being active and learning about and trying new healthy snacks that taste good? This gig focuses on the importance of physical activity and healthy eating habits. Through a combination of interactive lessons, fun exercises, and hands-on cooking sessions, participants will learn how to stay active and make nutritious snack choices.

Bold Beaded Jewelry w/ Carola

Explore the art of beaded jewelry making! Learn essential techniques like stringing and knotting while designing your own necklaces, bracelets, and earrings. Along the way, develop fine motor skills, practice pattern recognition, and express your creativity through wearable art.

GROWING WITH SEEDS OF HOPE

Calling all green thumbs! Do you enjoy gardening and learning more about what you can grow in your backyard? Then, join this gig to learn more about community gardening, sample fresh foods and make tasty recipes with produce from the garden, and more. Come experience and enjoy all the Seeds of Hope has to offer.

NOEL'S SWEET TREATS

Do you love sweet treats? Come join this gig and enjoy making sweet treats with Ms. Cassidy of Noel's Sweets and interacting with your peers. From cupcakes to cinnamon rolls and more, bring some ideas and it can be brought to life in our kitchen!

"SOUL IN MOTION" LINE DANCING

Do you like dancing and moving to music? Join this gig to get your "soul in motion" as you learn various styles of easy line dances with TikTok flavor!

NIA: SEL & POWER OF PURPOSE

Do you want to learn more about yourself and your purpose? This gig will help you do both. The NIA program fosters self-awareness and social skills through Social Emotional Learning (SEL) and purpose-seeking activities. By encouraging reflection, emotional regulation, and empathy, participants strengthen their ability to connect with others, understand themselves, and pursue meaningful goals. This holistic approach promotes personal growth and positive social interactions.



WEDNESDAY GIGS

“ADOPT-A GRANDPARENT” COMMUNITY OUTREACH

Do you have a passion for helping others in your community? Then, join this gig as we partner with the Wilson Assisted Living Retirement Home to spread some Y-GIG love among its residents. Participants will engage in projects like making seasonal crafts and treat bags for their grandparents, playing games, and doing other fun activities. This is a community service program where students will nurture and grow their empathy and compassion as they engage in quality time with these special individuals.

NIXON CHICS: YOUNG LADY LEADERS

Calling all young ladies who want to GROW and explore a better YOU! In honor of Rhonda Nixon and her passion for empowering young girls, the participants will interact with other young ladies and Lady Leaders from our community as they learn to embrace and empower themselves and their future.

PAINTING WITH NIKKI

Enjoy painting??? Join this gig to create and learn different techniques using watercolor and acrylic paints. Explore art of painting through experimentation.

COOKING WITH KEIONDRA

Do you enjoy cooking and eating delicious food? Join Ms. Keiondra from KC's Cafe and learn to make super easy and quick meals with a fun twist! Explore your culinary skills while having fun and eating yummy foods.

KING IN ME

Kings Arise! This young men's gig is designed to empower, encourage, and uplift young men in various capacities. Focusing on basic life skills young men need, we will cover gentleman's etiquette while also keepin' it fly! We will awaken the King that's in you!

YOUTH IN STEAM

Calling all youth who love creating, exploring, and trying new things. Science, Technology, Engineering, Art, and Mathematics engage students in the engineering and design process. This is a hands-on, real-world learning experience combined with after-school fun. Students in this gig develop their problem-solving, critical thinking, and collaboration skills. Satisfy your curiosity with STEAM and join the Imagination Station after-school gig.



WEDNESDAY GIGS

TEAM SPORTS MANIA

Do you enjoy playing team games like dodgeball, wiffle ball, or kickball? Play these fun sports games and more as a team and compete against your friends!

CRAFTY CREATIONS @WCPL

Do you like making cool crafts from your imagination? This gig will have you crafting in the maker space lab with the 3D printer and other fun gadgets and materials. Come join the creative world at the Wilson County Public Library with Y-GIG!

PUZZLE PROS

Do you like putting puzzles together? Join this gig and relax your mind by putting missing pieces where they belong. Work on puzzles by yourself or with your friends! Engage in fun puzzle competitions as well.

IT'S IN THE BAG

Have you explored the art of sewing or would like to? Are bags your thing? Learners in this gig will learn the basics of using a sewing machine, an iron, and sewing fundamentals while engaging in such projects as a cell phone and cross-body bag.

THURSDAY GIGS

DUNGEONS & DRAGONS

Are you ready to roll the dice, brave adventurer? If you're a fan of fantasy and adventure, then join us in the Wilson County Public Library Teen Space for our D&D Club. Create your custom character and become part of the adventure!

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THURSDAY GIGS

BASKETBALL FREE PLAY

Do you enjoy shooting hoops with friends? At Basketball Free Play, you can dribble, shoot, and score in a laid-back environment. You're able to play pick-up style basketball or work on personal skills by yourself! Bring your A-game to Y-GIG!

MAKE IT WITH DUMBRICH

Do you like creating cool designs that only belong to you? Come join Mr. Greg, the founder of DumbRich Apparel, and make your visions come to life. Create t-shirts, cups, socks, bandanas, and more with DumbRich at Y-GIG!

"LITTLE WORDS" FRIENDSHIP BRACELETS

Do you love making bracelets for yourself and others? Then this is your gig. Create soulful friendship bracelets using a colorful mix of beads and customized little words of positive affirmations. Stack them on your arm, trade them with friends, or give them as gifts. Develop eye-hand coordination and fine motor skills while designing wearable art in a fun relaxing activity.

MAKE IT, TAKE IT CREATIONS

Are you into making fun, quick crafts and creations like origami, slim, God's eyes, and much more. Then this is the gig for you. Come make something different every session to take home and display or give away.

SWIM 101 (BEGINNER SWIM)

New to the water? This gig is all about getting comfortable and learning to stay safe before learning to float. You will play games and exercise in the shallow and swim the basic strokes.

[*STUDENTS MUST FILL OUT A QUESTIONNAIRE TO ASSESS THEIR SWIMMING ABILITY.](#)

FRIDAY GIGS

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FRIDAY GIGS

CREATIVE ESCAPES THROUGH DIGITAL DRAWING

Do you like getting creative on an iPad? Artists here dive into the creative realm, learning to stitch together traditional and digital art with a connected pen. Come escape and explore as you let your creative juices flow through digital drawing with the Procreate app.

ANIME-TION NATION

Are you into Anime? Students in this gig will enter into the realm of animation to understand basic techniques on how to draw anime characters.

AQUA FREE PLAY

Love playing in the water with friends? Join this gig for a free pool play experience. *No water toys or pool equipment will be allowed. Swim attire and a towel is required.

BRACELET BONANZA

Is bracelet making your thing? This gig will allow you to make a variety of bracelet styles using different materials like string, beads, or discs to wear or give to your friends or family?

BAKIN' WITH BIG BOY BAKERY

Do you love baking? We are offering an additional baking program with a special guest, Mr. Graham from Big Boys Bakery! Come make some tasty treats with the man himself!

Y-GIG GAMERS

Are you a gamer? Are you into Esports and competing on PCs? Join this gig to learn how to play or continue playing games you love! Come experience some friendly competition while having fun working as a team.

KARAOKE KRAZE

Do you like to sing or just have fun with songs and music? Join this gig for a one-of-a-kind social experience that will allow you to unwind, have fun, and make new musical memories with your peers.

GAME WARS

Do you like exciting, interactive Minute-to-Win-It team competitions like the Cup Stacking, Straw, Skittle, or Blindfold challenges? Come join this gig and beat the clock completing fun feats with your teammates. Prizes and team points will be awarded.Y-gYYY

SKETCHES & SCRIBBLES

Do you like to draw and doodle in your free time, at your own pace? Sketches and Scribbles will allow you to sit with your peers, a sketchbook, and a pencil or markers and free draw whatever your heart desires. There are opportunities for friendly competitions and prizes!



**** All gigs (programs) availability may vary depending on enrollment. Gigs are given to students on a first-come, first-served basis upon registration.**

Y-GIG 2024-2025 CALENDAR

FALL, WINTER, & SPRING PROGRAMING



AUGUST

SU	M	T	W	TH	F	SA
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	SB	27	28	29	30	31

SEPTEMBER

SU	M	T	W	TH	F	SA
1	NP	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCTOBER

SU	M	T	W	TH	F	SA
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	NP	19
20	21	22	23	24	25	26
27	28	29	LD	SC		

NOVEMBER

SU	M	T	W	TH	F	SA
					SE	2
3	T	NP	T	T	T	9
10	NP	T	T	T	T	16
17	SB	19	20	21	22	23
24	25	26	NP	NP	NP	30

DECEMBER

SU	M	T	W	TH	F	SA
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	NP	21
22	NP	NP	NP	NP	NP	28
29	NP	NP				

JANUARY

SU	M	T	W	TH	F	SA
						4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	NP	21	22	23	24	25
26	27	28	29	30	31	

FEBRUARY

SU	M	T	W	TH	F	SA
						1
2	3	4	LD	SC	SE	8
9	T	T	T	T	NP	15
16	T	T	T	T	T	22
23	SB	25	26	27	28	

MARCH

SU	M	T	W	TH	F	SA
						1
2	3	4	5	6	7	8
9	10	11	12	13	NP	15
16	17	18	19	20	21	22
23	30	24	31	25	26	27
				28	29	

ARPIL

SU	M	T	W	TH	F	SA
		1	2	3	4	5
6	7	8	9	10	11	12
13	12	15	16	17	NP	19
20	NP	NP	NP	NP	NP	26
27	28	29	30			

MAY

SU	M	T	W	TH	F	SA
				1	2	3
4	5	6	LD	SC	SE	10
11	T	T	T	T	T	17
18	T	T	T	T	T	24
25	NP	27	29	29	30	31

JUNE

SU	M	T	W	TH	F	SA
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

JULY

SU	M	T	W	TH	F	SA
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Calendar Key

Session Begins
 No Programming
 Transition Week
 *Separate Fee
 Last Day
 Showcase
 Session Ends

No Programing Dates

- September 2
- October 18
- November 5 & 11 & 27-29
- December 20-31
- January 1-3 & 20
- February 14
- March 14
- April 18-25
- May 26

Y-GIG Hours

Middle School After School
 Hours of Operation
 3:30 pm - 6:00 pm

Summer Camp Hours of
 Operation
 8:00 am - 3:00 pm



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AFTER SCHOOL PROGRAM
FOUNDATION YMCA**

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