## FOUNDATION YMCA YOUTH FACILITY USAGE GUIDELINES



	AGES OF CHILD		
AREA	6 WEEKS-12 YEARS	AGES 13-14	AGES 15+
CHILDWATCH	Yes.	No.	No.
BASKETBALL COURT	Yes—must be under direct adult 18+ supervision at all times.	Yes—must be signed in by an adult 18+ and receive a white wristband.	Yes.
GENERAL AREA	Yes—must be under direct adult 18+ supervision at all times.	Yes—must be signed in by an adult 18+ and receive a white wristband.	Yes- Without Adult supervision.
POOL	Yes— must be supervised by an adult 18+ at all times.	Yes—must be signed in by an adult 18+ and receive a white wristband.	Yes- Without Adult supervision.
SAUNA	No.	No.	Must be 18+.
WELLNESS FLOOR	Yes- Ages 10-12 can use wellness floor after completion of TNT with direct Adult 18+ supervision. No- Ages 9 and under are not permitted on wellness floor. No- Free weight area.	Yes- With an adult in the Building. Must be signed in by an adult 18+, receive a white wristband and have completed TNT.  No- Without Adult in Building.	Yes- Full access to the wellness floor.
INDOOR TRACK	Yes- with Adult 18+ supervision.	Yes- With an adult in the Building. Must be signed in by an adult 18+, receive a white wristband and have completed TNT. No- Without Adult in Building.	Yes- Full access to the wellness floor.
GROUP EX CLASSES	No.	Yes- Must be supervised by an adult 18+ at all times during class, will receive a white wristband and have completed TNT.  No- Without Adult in Building.	Yes- Full access to the wellness floor.

## **PLEASE NOTE:**

- Members must be 18+ years old to bring a quest.
- Members ages 13 and 14 must be signed in by an adult 18+
  - o once signed in, may be in the facility for a maximum of 2 hours without adult supervision.
  - without adult supervision, members 13-14 will have access to the pool and basketball area and are not permitted to be on the wellness floor
- To use the wellness floor, members ages 13 or 14 must be accompanied by an adult 18 or older and must have completed TNT.
- For safety reasons, members ages 13-14 can not reenter the building once they have left without an adult check-in.
- · Ages 15 and up: Enjoy full YMCA access! You can use all our facilities without adult supervision.