



BECOME A CERTIFIED LIFEGUARD INSTRUCTOR!

The American Red Cross Lifeguarding Instructor Course will equip you with the skills and knowledge to teach essential water safety courses.

COURSE HIGHLIGHTS:

- LIFEGUARDING
- SHALLOW WATER LIFEGUARDING
- AQUATIC ATTRACTION LIFEGUARDING
- WATERPARK SKILLS
- Waterfront Skills
- CPR/AED for Professional Rescuers
- Bloodborne Pathogens Training

Blended Learning Format:

- **Online Component:** Complete the online portion at your own pace via mobile, desktop, or tablet. Must be completed prior to attending the first in-person session of the instructor course.
- **In-Person Training:** Join us for hands-on training and certification.

Course Dates: February 3rd - 6th

Sign up online at Foundationymca.org/aquatics or Scan QR Code

For more information please email Erin Brown at ebrown@wilsonymca.org

